

SPC Workout

Interactive SPC Training on CD-ROM

SPC Workout is an interactive multimedia training course that provides effective step-bystep instruction on how to implement and use statistical process control. Because each individual is trained based on his or her own needs and learning style, it's like having a personal trainer for each of your employees.

Control Charts

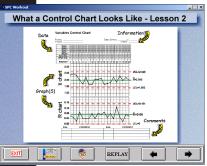
Process Capability

SPC Primer

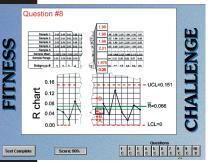
On-Line **Exercises**

> Results Tracking

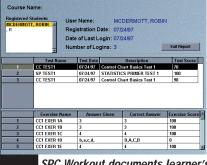
Flexible Pace



Lessons clearly explain variation, control charts, and process capability.



SPC Workout includes exercises to reinforce learning.



SPC Workout documents learner's proaess.

Flexible Training

Your employees will gain a solid understanding of variation, control charts, and process capability. SPC Workout includes three units: a statistics primer, control charts, and process capability. Learners tailor the training to their needs by using the modules that best suit them. With SPC Workout, you can schedule training when it is convenient for production. You won't have to shut down a department or hire temporary workers so that you can conduct training.

Engaged Learners

With interactive multimedia training, your employees learn at their individual paces. SPC Workout keeps employees interested and attentive throughout the training. And, SPC Workout is so easy to use that no prior computer experience is necessary.

Reinforced Learning

The SPC Workout lessons include exercises that provide learners with immediate, constructive feedback. In addition, at the end of each unit, learners take a "fitness challenge" that provides a comprehensive assessment of what they have learned in the unit.

Documented Results

To see how learners are doing, training administrators can log into the Fitness Challenge Analysis to see who has participated in the training, how many times they have logged on, and their fitness challenge results.

Affordable Price

SPC Workout costs less than registration fees and travel expenses for just one employee to attend an SPC seminar! And, you can use SPC Workout to train as many employees as you like. SPC Workout runs on IBM or compatible PCs with 486DX/66 MHz or better processors, Windows 3.1 or higher, a sound card, and a CD-ROM drive. Network versions are also available.

In the US, call:



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